

**Greetings WMS families! Please read this information from the Whitman Middle School Nurse.**

**Medication(inhalers, epipens, prescriptions and over the counters)**

- Students are not allowed to have medication on them or transport them to and from school without approval from the school nurse.
- If your child needs to have a medication at school:
  - A parent or designee must deliver ALL medication to the school directly to the school nurse.
  - **Medication drop off:** Thursday 8/24/23 8-1pm or during school hours once school begins.
  - Please make sure medications are not expired and will not expire during the school year.
- Medication cannot be accepted without the following:
  - Pharmacy Labeled Bottle (properly labeled with student's name, physician's name, medication name, the dosage of the medication and frequency of which the medication is to be administered)
  - Doctor's/Prescriber's Medication Order
  - Parent Authorization Form

Please click here [Health Services](#) for WHRSD's one-page Medication administration and parent authorization form. \*If your physician uses their own medication administration form then you would need to submit that and then sign the parent authorization section of the WHRSD form.

**Attention 7th graders: If you have not done so already, please submit a copy of your 7th grade student's most current physical exam and vaccination documentation.** Documents can be mailed, dropped off or emailed.

Massachusetts law requires that all students **entering Grade 7** must be fully immunized and submit a current physical exam in order to attend school. The following immunizations are required for grade 7 students: Tdap (within the past 5 years), Polio (4 doses), Hepatitis B series (3 doses), MMR(2 doses), Chicken Pox verification or Varicella Vaccination (2 doses), and Meningococcal vaccine (1 dose).

**If your child is injured during the school year: A physician/provider note is required!**

Any injury or situation that limits a student's ability to participate in gym/wellness or any other daily school activities needs a note from a medical provider.

Any student requiring use of assistive devices, like crutches, wheelchair, walking boot, cast, splint, etc, during school hours must submit written documentation required for re-entry to school from the physician stating the extent of the injury/surgery, physician's instructions for use of the assistive device, specific limitations regarding activity, i.e. no gym, use of elevator, and time frame for the use of the assistive device. When a student is cleared to return to full activities, a note is also required.

**State mandated health screenings** A parent/guardian may opt out of these mandated screenings only through written notification to the school nurse by **9/29/23**. These are only screenings and NOT a diagnostic service. Failures or concerns regarding the results will warrant further assessment by the child's physician. Specific recommendations will be sent home in writing/phone call for vision, hearing and postural screening.

Grade 6: Postural screening

Grade 7: Postural screening, BMI(height and weight), vision and hearing

Grade 8: Postural screening

Please contact me with concerns or questions. Be well!

Carol McNamee, M.Ed., BSN, BA, RN

Whitman Middle School Nurse

[carol.mcnamee@whrsd.org](mailto:carol.mcnamee@whrsd.org)

Phone: 781-618-7035